

# U3A HAWKESBURY INC. - CLASS INFORMATION 2021

\* = No classes in school holidays.

# = Restrictions on enrolments in these classes (see enrolment forms)

14.4.21

Class	When	Description	Limit
<b>ALL THINGS TEXTILE</b>	2 <sup>nd</sup> & 4 <sup>th</sup> Wednesday 9.30-12	<i>Rennie Vanderpol's</i> class inspire and teach each other and share resources in anything related to textiles – from knitting to cross-stitch – you name it we do it!	Max 9
<b>AN HOUR WITH GRAHAM</b>	1 <sup>st</sup> Monday 10-11	<i>Graham Swain</i> , gives various topics, eg Experiences in National Service, Future Developments in Agricultural Sciences.	Min 10 Max 25
<b>*ART</b>	1 <sup>st</sup> & 3 <sup>rd</sup> Monday 10-12	<i>Deidre Morrison</i> conducts a general art course using oils, watercolour, pastels, charcoal, ink. Students provide own materials.	Min. 6 Max. 14
<b>BIRDS OF THE HAWKESBURY - CLASSROOM</b>	1 <sup>st</sup> Tues 10-12	<i>Ken Fraser</i> will lead this course about learning to recognise birds of the Hawkesbury area and finding out more about them via monthly classroom-based sessions. People can also enrol in the Birds of the Hawkesbury – Field Trips.	Min 8 Max 24
<b>BIRDS OF THE HAWKESBURY – FIELD TRIPS</b>	2 <sup>nd</sup> Tues 10-12	<i>Ken Fraser's</i> course involves monthly field trips to reserves and other locations to identify and observe local birds. This course complements the Birds in the Hawkesbury – Classroom course. Members can choose to enrol in both classes.	Min 8 Max 24
<b>BOOK DISCUSSION</b>	2 <sup>nd</sup> Friday 10-12	<i>Wendy Dunstan</i> convenes this friendly group who aim to interest each other in the books they have read.	
<b>CAMERA &amp; POST PHOTO-TECHNIQUES</b>	3 <sup>rd</sup> Friday 10-12	In <i>Ron Milosh's</i> Camera and Post Photography Techniques class you will learn more about cameras, storage and editing photo files. Laptop/digital camera required.	Min. 3 Max. 9
<b>COMPUTERS</b>	Western Sydney University	This course covers a range of computing skills, co-ordinated by <i>Ken Fraser</i> and taught by staff from Western Sydney Uni. The course is run in a mid-year and end-of-year block, with dates to be advised. Parking \$7	Min: 6 Max. 24
<b>CRYPTIC CROSS-WORDS BEGINNERS</b>	1 <sup>st</sup> & 3 <sup>rd</sup> Wednesday 12-2	Learn the basics of cryptic crosswords with <i>Beryl Pugh</i> as she introduces the fun and challenge of these puzzles.	Min. 1 Max 6
<b>CRYPTIC CROSS-WORDS CONTINUERS</b>	1 <sup>st</sup> & 3 <sup>rd</sup> Tuesday 10-12	<i>Marilyn Tyers'</i> Continuers group have fun attempting to solve cryptic crosswords from various sources.	Min. 4 Max. 7
<b>CRYPTIC CROSS-WORDS ADVANCED</b>	2 <sup>nd</sup> & 4 <sup>th</sup> Tuesday 10-12	Advanced thinkers enjoy being challenged by more difficult setters of cryptic crosswords, convened by <i>Pam Edwards</i> .	Min. 4 Max. 7
<b>ETHICS</b>	2 <sup>nd</sup> Monday 12.30-2	<i>Ian Biddle's</i> group examines ethical issues that arise at a personal, national and international level. Non-judgemental discussions.	Max. 20
<b>#FRENCH BEGINNERS</b>	2 <sup>nd</sup> & 4 <sup>th</sup> Friday 12.15-1.15	<i>Jean Pitkin</i> welcomes those with no, or minimal, knowledge of the French language. Aims to achieve basic skills in writing and speaking French.	Min. 3 Max. 8
<b>#FRENCH CONTINUERS</b>	1 <sup>st</sup> & 3 <sup>rd</sup> Friday 11:30-12:45	Consolidation of grammar and reading skills for those who have completed <i>Jean Pitkin's</i> French beginners class or equivalent	Min. 3 Max. 10
<b>FRENCH CONVERSATION</b>	3 <sup>rd</sup> Wednesday 10.30-11.30	<i>Dianne Lanham's</i> class learns about French: listen to, write and practise speaking French. Prior knowledge of French required.	Max. 10
<b>GARDEN RAMBLE</b>	1 <sup>st</sup> or 2 <sup>nd</sup> Monday 10-12 (could vary)	<i>Kees &amp; Ellie Engelen</i> convene a fun morning for those who love gardening and sharing their plant knowledge. Day depends on host garden. Cost \$5 p.a.	
<b>GENEALOGY</b>	1 <sup>st</sup> Friday 1-3	<i>Chesne Jones'</i> 'hands on' group use a range of resources to find their ancestors. For beginners or those who have "hit a brick wall".	Min. 3 Max. 6
<b>LAW FOR SENIORS</b>	Moncay 8 weeks 10-12 March – April Oct – Nov	This course, run by <i>Barry Wall</i> , covers retirement, superannuation, wills, Powers of Attorney, retirement units, nursing homes, death. Duration of course is eight weeks.	Min 2 Max 20
<b>LAWN BOWLS</b>	1 <sup>st</sup> & 3 <sup>rd</sup> Thursday 9.30-11.30	<i>Ian Biddle</i> and <i>Dieter Hinzmann</i> organise a morning of social bowling. Equipment/basic instruction provided. No prior experience necessary. Flat soled shoes/barefoot. Cost \$3 per session for green fees and morning tea.	Max. 20
<b>LIFE WRITING BEGINNERS</b>	1 <sup>st</sup> & 3 <sup>rd</sup> Thursday 10-12	The Beginners class is a 2 year course. <i>Julienne Steward's</i> students begin by learning to put lifetime memories into story form.	Max. 5
<b>LIFE WRITING CONTINUERS</b>	2 <sup>nd</sup> & 4 <sup>th</sup> Thursday 10-12	<i>Julienne Steward's</i> class continue their stories about life experiences with the intention of preparing a completed book.	Max. 5
<b>LOOKING AT LITERATURE 1</b>	4 <sup>th</sup> Monday 10-12	<i>Jan Brown's</i> group reads and discusses classic and prize winning literature including novels, poetry, plays, children's books, etc.	Min. 4 Max. 8

<b>LOOKING AT LITERATURE 2</b>	4 <sup>th</sup> Friday 10-11.30	<i>Louise McKean leads the group in reading and discussing all types of literature, e.g. novels, poetry, plays, children's books. Members must be prepared to read selected texts. There may be a cost for books if they are not available from the Hawkesbury Library.</i>	Min. 4 Max. 10
<b>LUNCH CLUB</b>	1 <sup>st</sup> Thursday	Bernie Stever organises a social drive to lunch visiting interesting hotels with a bit of history thrown in.	Max 10
<b>MAH JONG CONTINUERS</b>	1 <sup>st</sup> , 3 <sup>rd</sup> , 5 <sup>th</sup> Thursday 1-4	Convenor <i>Pam Peters</i> and her group provide a friendly atmosphere in which to enjoy this ancient Chinese game. Beginners are also welcome.	
<b>#MEDIEVAL HISTORY</b>	3 <sup>rd</sup> Tuesday 9.45-10.45 or 11.15-12.15	Step back in time to discover the goings on that surrounded the English and Scottish monarchies and the effect of their decisions on the ordinary people. This class is led by <i>Jan Cousin</i> . Depending on numbers the class may need to be split into two.	Min. Max. 20
<b>*MEDITATION / RELAXATION</b>	2 <sup>nd</sup> , 4 <sup>th</sup> Wednesday 10.30-12	<i>Michael Campbell</i> will lead you through various relaxation and meditation techniques aimed at quietening the mind and relaxing the body.	Min. 4 Max. 12
<b>MODERN DAY TECHNOLOGY</b>	Thursday Weekly 10-12	<i>Ray Hart</i> teaches use of new technology in everyday life. Mobile devices and technology in the home.	Min. 4 Max. 14
<b>MODEL MAKING FOR MEN</b>	2 <sup>nd</sup> & 4 <sup>th</sup> Saturday 1-4	<i>Peter McHugh</i> convenes a men's group to make model boats, planes, trains and automobiles or just come and shoot the breeze. No experience necessary.	Min 6 Max
<b>OLD TIME DANCING</b>	Thursday weekly 9.45-11.45	Old Time, Ballroom and New Vogue Sequence Dancing. No experience necessary. Good exercise, fun and friendship led by tutor <i>Denise Matthews</i> . \$5 one off annual charge for morning tea.	Min. 2 Max. 20
<b>PATCHWORK</b>	2 <sup>nd</sup> & 4 <sup>th</sup> Friday 10-12	In <i>Stephy Beseau's</i> class learn the techniques of patchworking by hand, use of colour, new tools; work together on community quilts; pick up tips. Cost: \$1 per class.	Min. 12 Max. 16
<b>PHILOSOPHY - MORAL</b>	1 <sup>st</sup> Wednesday 10-12	Ethics, Justice, Law, Politics and Aesthetics. An interactive exploration of the field of philosophy from a Western perspective led by <i>Roger Packham</i> . You can attend both Philosophy classes or either one.	Min. 6 Max.
<b>PHILOSOPHY - METAPHYSICAL</b>	3 <sup>rd</sup> Wednesday 10-12	Epistemology, Cosmology, Ontology, Philosophy of Religion, Philosophy of Science, Philosophy of Mind led by <i>Roger Packham</i> . You can attend both Philosophy classes or just one.	Min. 6 Max.
<b>PHOTOGRAPHY FOR FUN</b>	1 <sup>st</sup> & 3 <sup>rd</sup> Thursday 9.30-12	<i>Julie Wilson</i> leads this class. One session will be theory and sharing (1 <sup>st</sup> Thursday); the other (3 <sup>rd</sup> Thursday) a field day/outing to practice and have FUN. The theory session could be held on Zoom. The maximum number will depend on Covid and the possible use of Zoom	Min: 4 Max:
<b>SAMBA (CARDS)</b>	3 <sup>rd</sup> Monday 1-3.30	<i>Pam Peters</i> leads this group of Samba enthusiasts. New members welcome, you can always be taught to play. Canasta may also be included.	
<b>SHIBASHI</b>	Weekly Monday 9.30-10.15	<i>Jeanette Hatch</i> leads the class in gentle Tai Chi exercises to relax the mind and body.	Min. 6
<b>SOCIAL ART AND CRAFT</b>	2 <sup>nd</sup> & 4 <sup>th</sup> Wednesday 1.30-3.30	This is a non-teaching class co-ordinated by <i>Jeni Chalmers</i> that offers a casual friendly environment in which to finish art and craft projects. Bring along your work – all mediums welcome from adult colouring through to pastels, cards and oils. Note: Tea, coffee and chatting will also be available.	Min. 6 Max. 10
<b>SPANISH CONVERSATION</b>	Weekly Tuesday 10-12	<i>Henry Betancur's</i> class is intended for those who want a basic level of Spanish language, for example to travel to a Spanish-speaking country.	Max. 6
<b>#TABLE TENNIS (2)</b>	Tuesday Weekly 1-3	<i>Allan King</i> organises two hours of table tennis fun. All welcome with any or no ability. Social game enabling all participants in physical/social good health. All welcome regardless of ability.	Min. 8 Max. 20
<b>#TABLE TENNIS (1)</b>	Friday Weekly 2-4	<i>Margaret Vickery</i> organises two hours of table tennis fun.	Min. 4 Max. 20
<b>TABLETOP GAMES</b>	1 <sup>st</sup> & 3 <sup>rd</sup> Tuesday 1-3	Card games and Scrabble (and possibly other games) are offered for a fun afternoon and mental stimulation led by <i>Jean Pitkin</i> and <i>Pam Peters</i> .	
<b>*TAI CHI</b>	Thursday Weekly 3.30-4.30	<i>Margarete Formanek's</i> group have the opportunity to de-stress and work on harmonising the mind, body and soul in a relaxed atmosphere. Some knowledge of the 6 levels of Tai Chi preferred.	Min. 6
<b>TATTING</b>	1 <sup>st</sup> & 3 <sup>rd</sup> Monday 2-4	Starting with small items, e.g. bookmarks, <i>Liz Anderson</i> will teach knotted lace (tattling) using a shuttle. Bring cotton, scissors and shuttle. Contact tutor for list. There is a \$10 cost for materials.	Min. 2 Max.7
<b>THEATRE (THE STORY OF)</b>	1 <sup>st</sup> & 3 <sup>rd</sup> Wednesday 12.30-1.30	<i>Meg Shepherd</i> follows the development of western theatre from Ancient Greece to mid-16 <sup>th</sup> century – up to the time of William Shakespeare.	Min. 5
<b>TRAVELLER'S TALES</b>	4 <sup>th</sup> Tuesday 1-2.30	Armchair travel across the world with <i>Wendy Dunstan's</i> class.	Min.4
<b>UKULELE</b>	1 <sup>st</sup> & 3 <sup>rd</sup> Monday 11.45-1.45	<i>Denise Lazdans</i> teaches how to "strum a tune" on the ukulele. Beginners welcome and encouraged. Bring your own ukulele; music stand and songbook recommended. Cost: Songbook \$40, ukuleles from \$25.	Min. 6 Max. 30

<b>WATERCOLOUR ART</b>	2 <sup>nd</sup> & 4 <sup>th</sup> Tuesday 1.30-3.30	Until the situation changes to allow <i>Julia Thorpe</i> to return for this popular class, <i>Donna Mackenzie</i> will convene a small group of fellow artists.	Max. 6
<b>WORLD HISTORY</b>	2 <sup>nd</sup> & 4 <sup>th</sup> Wednesday 9.45-12	<i>Sonia Friscic</i> will begin this course with the peopling of the world- the rise of civilisations across the world. The rise of language, writing and religion. We will cover the movement of peoples and the rise and fall of empires from the ancient world until now.	Min. 6